

FREE RESOURCES

FOR YOUR HEALING JOURNEY

1. Visit my **Blog**, and subscribe, so you're notified whenever I post free teleseminars, videos, articles, etc. Also, use the Search box to type in your questions as it's likely I've already answered them:

www.ListenToYourGut.com

2. Whenever you're feeling down, or frustrated, or just need some encouragement, go watch the **Healing Journey Movie** I put together for you. Sink into the beautiful music and images and allow yourself to feel comforted and inspired. At the end of the movie, there are free download links for a fantastic teleseminar with best-selling author Dr. Gabor Mate (*When The Body Says No*) and an article from me on Spiritual Healing:

www.HealingJourneyMovie.com

3. Next, here's a **teleseminar** where I tell you exactly what you'll need to do to utilize natural healing protocols for IBD or IBS, what's possible, what the pitfalls, are, how to synergize (turbo-charge) your healing, etc.:

Left-click to listen or read online, right-click to download to your computer:

AUDIO

www.jptwellnesscircle.com/teleseminars/InterviewJini.mp3

WRITTEN TRANSCRIPT

www.jptwellnesscircle.com/teleseminars/InterviewJini.pdf

4. If you, or a family member, are suffering from a specific symptom, from ear infections to hemorrhoids, chances are we have a tried and tested remedy for you on the site. Just go to the **Heal Your Symptoms** page and get the remedy instructions or download the free instruction ebook:

www.ListenToYourGut.com

P.S. One more tip for you: Often people with chronic illness find it difficult to work full-time or have the energy to generate a lot of income. In those instances, **working freelance** from home is often the ideal solution:

www.elance.com

OR

www.ifreelance.com

OR

www.Odesk.com

are great places you can go to make extra money on the side, or when you're too sick/weak to hold a regular job. Scroll through the job description categories and there's sure to be some skill you can offer too. The great thing about working piecemeal like this is you can really schedule around your existing life and restrictions.

Soar higher,

A handwritten signature in black ink, reading "Jini Patel Thompson". The signature is fluid and cursive, with the first name "Jini" being the most prominent.

Jini Patel Thompson